

Basics of Personal Kanban

Systems need to be flexible

Tools in the corporate setting

Floor-to-ceiling boards

ToDo Lists

Mindmaps

Kanban Boards

Personal Kanban

Oriented towards tasks, personal projects

Two Rules

Visualize your work

Limit your WIP

Why Visualize Your Work?

Todos are static lists devoid of context

Why limit your WIP

Dog trying to catch cookies

Why does it work?



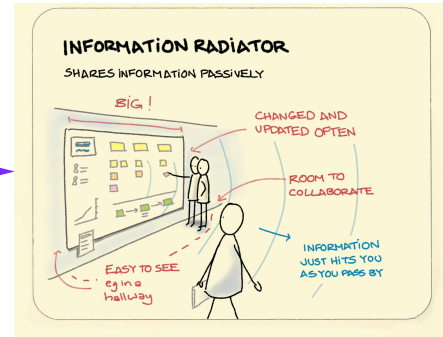
Comprehension

Kinesthetic Feedback 1 - Learning

Kinesthetic Feedback 2 - Pattern Recognition

Existential Overhead

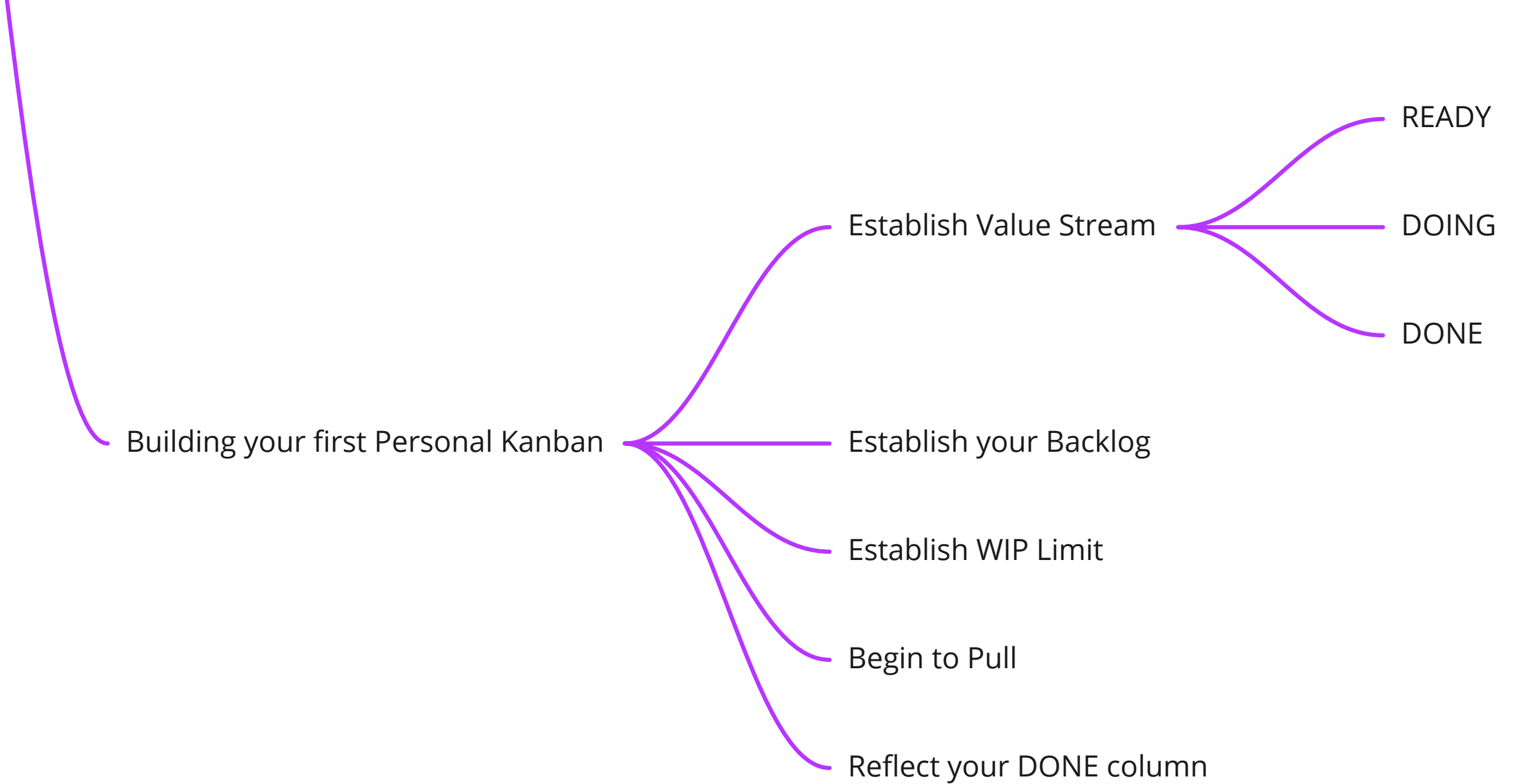
Narratives and Maps



vs



Message is there but there is no information



Capacity
Spatial relationship
Throughput
Flow relationship

Capacity
vs
Throughput based

What's wrong with
TODO lists?

What's wrong with multi-tasking?

Managing time with Flow and Throughput

My Time Management is in league
with the freeway

Chaos everywhere
Kanban helps us provide
the context

Detect and leverage
work's cadence

Make time for slack

Pull is informed
Push is a blind act

Nature Flows

Pull
Flow
Cadence → CLARITY

